



The **MAGIC** Foundation®

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Applying for Disability Benefits with an Endocrine Related Disorder

An endocrine related disorder can cause a variety of issues, delaying or stopping proper development. Some of the complications caused by Endocrine Disorders can in turn follow a child into adulthood, resulting in life-long complications and limitations.

Regardless of when the disorder is discovered, someone with an endocrine related disorder may be able to qualify for Social Security disability benefits through the Supplemental Security Income (SSI) program. When complications from an endocrine disorder cause lasting impairments, an adult may be able to get Social Security Disability Insurance (SSDI) benefits in addition to or instead of SSI.

Disability Benefits and Program Requirements

Disability benefits through the SSA have both medical eligibility and technical requirements that must be met in order to qualify.

- SSI is a “needs-based” program in which you and your household’s income and assets are reviewed as part of the eligibility determination process.
- SSDI has “work credit” requirements that often limit eligibility to disabled workers with at least 10 years of employment history. In some cases, however, minor and adult children are able to qualify for benefits under the work history of a parent, legal guardian, or grandparent.

If you’re applying with an endocrine related disorder, you’ll want to investigate eligibility for both SSI and SSDI benefits. An SSA representative, disability advocate, or an attorney can help you understand eligibility requirements and whether you can meet them.

Medically Qualifying for Benefits with an Endocrine Related Disorder

To qualify with an endocrine related disorder you must:

- meet a disability listing,
- closely match one listing, or parts of several listings, in terms of severity level,
- or experience severe functional limitations that result in disability.

The SSA determines eligibility a few ways, the most common being the “[Blue Book](#)”, which is a listing of various conditions and a manual to evaluate these conditions. (See end of article for a listing of various conditions and their Blue Book Listings) NOTE: The SSI website may be slow and as such these links may take a while to load.

You should request your doctor’s assistance with understanding listed requirements, especially since the Blue Book can be complicated and difficult to navigate as a non-medical professional. Your doctor can also help you know whether you are likely to qualify through the Blue Book, or if the SSA will need to review “functional capacity” to determine eligibility.

Qualifying without Meeting or Matching a Disability Listing

The SSA looks at functional capacity when an applicant doesn't qualify through a disability listing. This is done with a "functional review," which requires the completion of additional disability questionnaires by you, your doctor, and potentially others, like a caregiver or family member.

The SSA must find severe limitations that prevent gainful employment in order to find an applicant eligible through a functional review.

Applying for Benefits

If you are applying for SSI, you must apply in person at your [local SSA office](#) or call 1-800-772-1213. SSDI applications though can be filled out and submitted online, via the [SSA's website](#).

Adult Blue Book Listings by Disorder:

Note: This list is not exhaustive, you may qualify for disability benefits under other listings, or from a functional review by the SSA. If you do not see your condition listed, it is still possible that you may still be eligible for benefits.

Adult Optic Nerve Hypoplasia / Septo-Optic Dysplasia

- [2.00 Special Senses and Speech](#)
- [9.00 Endocrine Disorders](#)
- [11 Neurological](#)
- [12 Mental Disorders](#)

Adult McCune-Albright Syndrome

(As some patients with MAS develop Cushings, see additional listing under Cushings)

- [1.00 Musculoskeletal System](#)
- [9.00 Endocrine Disorders](#)

Adult Cushings:

- [1.00 Musculoskeletal System](#)
- [4.00 Cardiovascular System](#)
- [5.00 Digestive System](#)
- [9.00 Endocrine Disorders](#)

Adult Hypophosphatasia

- [1.00 Musculoskeletal System](#)
- [2.00 Special Senses and Speech](#)
- [3.00 Respiratory Symptoms](#)
- [5.00 Digestive System](#)
- [9.00 Endocrine Disorders](#)
- [11.00 Neurological](#)
- [14.00 Immune System Disorders](#)
- [Compassionate Allowance Listing, Hypophosphatasia](#)

Adult Congenital Adrenal Hypoplasia:

- [1.00 Musculoskeletal System](#)
- [2.00 Special Senses and Speech](#)
- [4.00 Cardiovascular System](#)
- [5.00 Digestive System](#)
- [6.00 Genitourinary Disorders](#)
- [9.00 Endocrine Disorders](#)

Adult Congenital Adrenal Hyperplasia

- [1.00 Musculoskeletal System](#)
- [4.00 Cardiovascular System](#)
- [5.00 Digestive System](#)
- [6.00 Genitourinary Disorders](#)
- [9.00 Endocrine Disorders](#)

The MAGIC Foundation would like to thank & acknowledge the Outreach Specialists at Social Security Disability Help. If you would like to determine if you or your child may qualify for disability, you can obtain a free Disability Evaluation by visiting their website at www.disabilitybenefitscenter.org.

By requesting a free evaluation, the user will be provided with the name of an independent lawyer or advocate who will contact the user to do the evaluation. DisabilityBenefitsCenter.org is not a lawyer or law firm. It is an advertising service paid for by the lawyers and advocates whose names are provided in response to user requests and it is not an attorney referral service.